














Day-to-Day Healthcare Benefits

	24/7 Telephonic Medical/Digital Consulting Hotline	Unlimited telephonic and digital Nurse, Doctor or Mental Health Professional led medical consultation/s. Includes sick notes and over-the-counter and acute medication recommended by the health practitioner according to Formulary.
	The Medical Society	Unlimited visits and acute medication at any one of the Medical Society facilities. For assistance to find the Medical Society facility closest to you, call Affinity Health customer care on 0861 00 11 31 or send a "please call me" to 079 409 1834.
	GP Consultations	Unlimited consultations at an Affinity Health Network Doctor (GP), visit includes acute medication either prescribed or dispensed by an Affinity Health Network Doctor. Pre-authorisation s required from the 6th visit in a one year cycle. Subject to the Affinity Health Formulary and fair use rules.
	Chronic Medication	Members must be registered as a Chronic member to obtain this benefit. To confirm if your chronic condition is covered, you can contact customer care on 0861 00 11 31 or send a "please call me" to 079 409 1834.
	Chronic Disease Management	Available for members that are registered for the Chronic Management Programme, through support we assist you in bringing your condition under control to live a healthier life. For assistance members can contact Affinity customer care on 086 100 11 31, send a "please call me" to 079 409 1834 or an email to info@nbcrflihealth.co.za .
	OTC, Acute Medication and Nutraceuticals	Over-the-Counter (OTC) and Acute medication requires pre-authorisation and is subject to the approved Affinity formulary, up to a maximum benefit limit of R1 100 per annum. Nutraceuticals are covered according to the formulary, requires pre-authorisation and are provided through an approved Affinity service provider.
	HIV and TB Management Programme	A programme with the objective of improving the health outcomes of members diagnosed with HIV. For assistance members can contact Affinity Health customer care on 086 100 11 31, send a "please call me" to 079 409 1834 or an email to info@nbcrflihealth.co.za .
	Optometry Services	Access to an Affinity Health partner optometrist once every 24 months, which includes one eye test and standard frames, subject to the formulary and available funds per Eligible Member. Member to contact Affinity to confirm benefits before visiting any medical professional.
	Radiology and Pathology	Linked to GP consultation as you must be referred by a GP or by the Chronic Care provider for this benefit. Approved x-rays and blood tests as per Formulary will be covered.
	Basic Dentistry	Access to a Designated Dental Service Provider as per maximum benefit limits per Eligible Member. For assistance members can contact Affinity Health NBCRFLI customer care on 0861 00 11 31, send a "please call me" to 079 409 1834 or an email to info@nbcrflihealth.co.za .

24/7 Emergency Benefits

	Emergency Medical Services & IER Mobile App	24/7 Health and Trauma Telephonic Assistance. Emergency Medical Services are available to Eligible Members by phoning the provided telephone number or using the IER Smartphone App.
	Mental Health and Trauma Assistance Benefit	Telephonic trauma support and counselling by professional and dedicated professionals for traumatic events such as hijacking, armed robbery, shooting, sexual assault, crime, trauma-related gender-based violence, death, attempted suicide and domestic violence.




Hospital Benefits


	Accidental Hospital and Casualty Benefit	For actual costs of emergency casualty private hospitalisation if admitted due to an accident up to the benefit limit of R150 000 . Please phone the pre-authorisation number on your membership card for hospital access.
	Hospital Care Plan	This benefit includes a personal care package to make the patients stay while in a state hospital for an illness admission more comfortable.
	Post Hospital Private Home Nursing	Up to R10 000 per year for the assistance of a private nurse following a stay in Hospital due to an accident. This benefit is available where the Eligible Member is unable to perform 3 or more activities of daily living.


Insurance Benefits


	Funeral Assistance Benefit	A funeral assistance benefit of R12 500 is payable in the event of the death of the Eligible Member. Claims older than 6 months will not be accepted.
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Benefits vary according to member type and are as follows:

	Main Member All Benefits		Spouse All benefits except Funeral Assistance Benefit, Basic Dentistry Benefits, Optometry Services and Post-Hospital Private Home Nursing		Dependant Only Hospital Accident/Emergency Medical Services and Hospital Care Plan
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 0861 00 11 31

 info@nbcrflihealth.co.za

 079 409 1834

NBCRFLI STANDS FOR THE NATIONAL BARGAINING COUNCIL FOR THE ROAD FREIGHT AND LOGISTICS INDUSTRY

The Council is governed by the Labour Relations Act of 1995, which allows for registered employer and employee organisations to establish a bargaining council for an industry and area. Through collective bargaining, trade unions and employer organisations, which are party to the Council, are able to negotiate matters that are of mutual interest to the Road Freight and Logistics Industry. This approach allows for better regulation of matters which affect the Industry as a whole, thereby enforcing minimum standards and conditions of employment within the Road Freight and Logistics Industry which contributes to labour stability within the Industry. The Council also supports industry members through managing the industry's annual leave, sick leave and holiday bonus funds, and by providing health and wellness services.

For full Policy Wording, please contact Affinity Health on 0861 00 11 31 or info@nbcrflihealth.co.za

Disclaimer - This is not a medical scheme and the cover is not the same as that of a medical scheme. The policy is not a substitute for medical scheme membership. Subject to Demarcation regulations, we do not refuse membership on the basis of any means of discrimination.